

PROTECT YOUR VISION AGAINST GLAUCOMA

Leading Care for the Second Leading
Cause of Preventable Blindness



WHAT IS GLAUCOMA?

Glaucoma, an eye condition characterised by damage to the optic nerve, results in progressive loss of vision. Commonly known as the "thief of sight," it accounts for 40% of blindness cases in Singapore.

Approximately 3% of individuals over the age of 40 are impacted by this disease. The likelihood of developing glaucoma escalates with age. Regular eye screenings are highly recommended for individuals with a familial history of glaucoma to mitigate the risk of losing their sight.

At Bethesda Medical, we use **Tonometry** and **Visual Field Assessment** to screen for Glaucoma.



WHEN SHOULD I GET SCREENED?

If you are at risk of glaucoma, the recommended screening intervals varies according to your age:

- Ages 40 to 54, every one to three years.
- Ages 55 to 64, every one to two years.
- Ages 65 and older, every six to 12 months.

OUR SCREENING PACKAGES:

- Eye and Lung test: \$68
- Eye and Hearing test : \$48
- Eye, Lung and Hearing test: \$88

Walk-in or Book an appointment with us today!

Available at our Health Screening Centres:

Bethesda Medical @

Suntec

Suntec City, 3 Temasek Boulevard,
#03-330 (Tower 1-2, North Wing), S038983
Phone: 6337 8933

Bethesda Medical @

Grantral (MacPherson)

Grantral Mall, 601 Macpherson Road
#01-03/04, S368242
Phone: 6904 6678



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