

Bethesda MEDICAL

#TowardsaHealthierYou



**PREVENTION IS BETTER
THAN CURE**

Prioritise your health with our

Executive Health Screening

Why are health screenings important?

Health screening plays a pivotal role in safeguarding your well-being and promoting a healthier, more fulfilling life. By undergoing regular health screenings, you empower yourself with the knowledge needed to detect potential health issues early on, often before symptoms even manifest.

This early detection allows for timely intervention and management, significantly increasing the chances of successful treatment. Embracing health screening is a powerful step towards taking control of your health, ensuring a healthier, more vibrant future.



Why choose Bethesda Medical?

At Bethesda Medical, we are dedicated to delivering comprehensive healthcare for all. Beyond essential tests like blood tests, tumor markers, and stool analysis, our Executive Health Screening Packages includes **radiology and diagnostic services**, enhancing our ability to pinpoint potential health concerns with precision.

Moreover, we recognise the distinct health needs of each gender. Therefore, our packages are meticulously tailored to address the **specific concerns and conditions that may affect men and women differently** in order to cater to the unique health needs of every individual.

Which health screening packages are suitable for me?

Male Packages

Male	WITH RADIOLOGY/DIAGNOSTICS SERVICES				
	1	2	3	4	5
PACKAGE	PREMIUM	EXECUTIVE (MALE)	DELUXE (MALE)	ELITE (MALE)	PLATINUM (MALE)
AGE/PRICE	\$275.00	\$490.00	\$760.00	\$920.00	\$1,500.00
18-24	✓				
25-39	✓	✓	✓		
40-49	✓		✓	✓	
>50			✓	✓	✓

Female Packages

Female	WITH RADIOLOGY/DIAGNOSTICS SERVICES				
	1	2	3	4	5
PACKAGE	PREMIUM	EXECUTIVE (FEMALE)	DELUXE (FEMALE)	ELITE (FEMALE)	PLATINUM (FEMALE)
Age/Price	\$275.00	\$490.00	\$760.00	\$920.00	\$1,500.00
18-24	✓				
25-39	✓	✓	✓		
40-49	✓		✓	✓	
>50			✓	✓	✓



Premium Package - \$275

- **Pre-screening Consultation**
- **Post-screening Consultation**
- **Body measurements** (BP, PR, Height, Weight, BMI, Waist Circumference, Hip Circumference, Waist:Hip Ratio, Body Fat Analysis)
- **Blood Test**
 - Haematology (Full Blood Count, PBF)
 - Erythrocyte Sedimentation Rate (ESR)
 - Lipid Profile (Total, LDL, HDL Cholesterol, Triglycerides, Ratio)
 - Diabetic Screen (Glucose, HbA1c)
 - Kidney Function (Urea, Sodium, Potassium, Chloride, Creatinine)
 - Bone & Joint (Calcium, Phosphate, Uric Acid, Rheumatoid Factor) (Uric Acid)
 - Liver Function (Total Protein, Albumin, Globulin, A/G Ratio, AST, ALT, Gamma GT)
 - Hepatitis A & B (Hep A Ab, Hep BsAg + Ab)
 - Thyroid Function (Free T4, TSH)
- **Tumour Markers**
 - AEP
 - CEA
- **STD Screen (VDRL & TPHA if VDRL +)**
- **Urinalysis (Urine feme)**
- **Stool Analysis (Occult Blood)**
- **Diagnostics and others**
 - ECG



Executive Package (Female/Male) - \$490

- **Pre-screening Consultation**
- **Post-screening Consultation**
- **Body Measurements** (BP, PR, Height, Weight, BMI, Waist Circumference, Hip Circumference, Waist:Hip Ratio, Body Fat Analysis)
- **Blood Test**
 - Haematology (Full Blood Count, PBF)
 - Erythrocyte Sedimentation Rate (ESR)
 - Lipid Profile (Total, LDL, HDL Cholesterol, Triglycerides, Ratio)
 - Diabetic Screen (Glucose, HbA1c)
 - Kidney Function (Urea, Sodium, Potassium, Chloride, Creatinine)
 - Bone & Joint (Calcium, Phosphate, Uric Acid, Rheumatoid Factor) (Uric Acid)
 - Liver Function (Total Protein, Albumin, Globulin, A/G Ratio, AST, ALT, Gamma GT)
 - Hepatitis A & B (Hep A Ab, Hep BsAg + Ab)
 - Thyroid Function (Free T4, TSH)
- **Tumour Markers**
 - AEP
 - CEA
 - CA 19.9
- **STD Screen (VDRL & TPHA if VDRL +)**
- **Urinalysis (Urine feme)**
- **Stool Analysis (Occult Blood)**
- **Cytology**
- **Diagnostics and others**
 - ECG
 - Chest X-ray

Male Package includes

- **Tumour markers: PSA**
- **Treadmill Stress ECG**

Female Package includes

- **Tumour markers: CA 125**
- **ThinPrep Pap Smear**
- **Ultrasound Pelvis**



Deluxe Package (Female/Male) - \$760

- **Pre-screening Consultation**
- **Post-screening Consultation**
- **Body Measurements** (BP, PR, Height, Weight, BMI, Waist Circumference, Hip Circumference, Waist:Hip Ratio, Body Fat Analysis)
- **Blood Test**
 - Haematology (Full Blood Count, PBF)
 - Erythrocyte Sedimentation Rate (ESR)
 - Lipid Profile (Total, LDL, HDL Cholesterol, Triglycerides, Ratio)
 - Diabetic Screen (Glucose, HbA1c)
 - Kidney Function (Urea, Sodium, Potassium, Chloride, Creatinine)
 - Bone & Joint (Calcium, Phosphate, Uric Acid, Rheumatoid Factor) (Uric Acid)
 - Liver Function (Total Protein, Albumin, Globulin, A/G Ratio, AST, ALT, Gamma GT)
 - Hepatitis A & B (Hep A Ab, Hep BsAg + Ab)
 - Thyroid Function (Free T4, TSH)
- **Tumour Markers**
 - AEP
 - CEA
 - CA 19.9
- **STD Screen (VDRL & TPHA if VDRL +)**
- **Vitamin D**
- **Urinalysis (Urine feme)**
- **Stool Analysis (Occult Blood)**
- **Diagnostics and others**
 - ECG
 - Chest X-ray

Male Package includes

- **Tumour markers: PSA**
- **Treadmill Stress ECG**
- **Hormones: Testosterone, SHBG**

Female Package includes

- **Tumour markers: CA 125**
- **ThinPrep Pap Smear**
- **Ultrasound Pelvis**
- **Hormones: Estradiol, Progesterone, FSH, LH**



Elite Package (Female/Male) - \$920

- **Pre-screening Consultation**
- **Post-screening Consultation**
- **Body Measurements** (BP, PR, Height, Weight, BMI, Waist Circumference, Hip Circumference, Waist:Hip Ratio, Body Fat Analysis)
- **Blood Test**
 - Haematology (Full Blood Count, PBF)
 - Erythrocyte Sedimentation Rate (ESR)
 - Lipid Profile (Total, LDL, HDL Cholesterol, Triglycerides, Ratio)
 - Diabetic Screen (Glucose, HbA1c)
 - Kidney Function (Urea, Sodium, Potassium, Chloride, Creatinine)
 - Bone & Joint (Calcium, Phosphate, Uric Acid, Rheumatoid Factor) (Uric Acid)
 - Liver Function (Total Protein, Albumin, Globulin, A/G Ratio, AST, ALT, Gamma GT)
 - Hepatitis A & B (Hep A Ab, Hep BsAg + Ab)
 - Thyroid Function (Free T4, TSH)
- **Tumour Markers**
 - AEP
 - CEA
 - CA 19.9
- **STD Screen (VDRL & TPHA if VDRL +)**
- **Vitamin D**
- **Helicobacter Pylori Ab (NEW)**
- **Urinalysis (Urine feme)**
- **Stool Analysis (Occult Blood)**
- **Diagnostics and others**
 - ECG
 - Chest X-ray

Male Package includes

- **Tumour markers: PSA**
- **Treadmill Stress ECG**
- **Ultrasound Hepatobiliary System**
(Gallbladder, Liver, Spleen, Pancreas)

Female Package includes

- **Tumour markers: CA 125**
- **ThinPrep Pap Smear**
- **Ultrasound Pelvis**
- **Ultrasound Breast**



Platinum Package (Female/Male) - \$1500

- **Pre-screening Consultation**
- **Post-screening Consultation**
- **Body Measurements** (BP, PR, Height, Weight, BMI, Waist Circumference, Hip Circumference, Waist:Hip Ratio, Body Fat Analysis)
- **Blood Test**
 - Haematology (Full Blood Count, PBF)
 - Erythrocyte Sedimentation Rate (ESR)
 - Lipid Profile (Total, LDL, HDL Cholesterol, Triglycerides, Ratio)
 - Diabetic Screen (Glucose, HbA1c)
 - Kidney Function (Urea, Sodium, Potassium, Chloride, Creatinine)
 - Bone & Joint (Calcium, Phosphate, Uric Acid, Rheumatoid Factor) (Uric Acid)
 - Liver Function (Total Protein, Albumin, Globulin, A/G Ratio, AST, ALT, Gamma GT)
 - Hepatitis A & B (Hep A Ab, Hep BsAg + Ab)
 - Thyroid Function (Free T4, TSH)
- **Tumour Markers**
 - AEP
 - CEA
 - CA 19.9
- **STD Screen (VDRL & TPHA if VDRL +)**
- **Vitamin D**
- **Helicobacter Pylori Ab (NEW)**
- **Urinalysis (Urine feme)**
- **Stool Analysis (Occult Blood)**
- **Diagnostics and others**
 - ECG
 - Chest X-ray
 - Ultrasound breasts
 - Ultrasound Abdomen (Gallbladder, Liver, Spleen, Pancreas, Kidneys, Ureters, Bladder)
 - Audiometry
 - Tonometry
 - Spirometry
 - Sonometry

Male Package includes

- **Tumour markers: PSA**
- **Hormones: Testosterone, SHBG (Male)**
- **Ultrasound Prostate**
- **Carotid Intimal Media Thickness CIMT (NEW)**

Female Package includes

- **Tumour markers: CA 125**
- **ThinPrep Pap Smear**
- **Ultrasound Pelvis**
- **Hormones:**
- **Estradiol, Progesterone, FSH, LH (Female)**
- **HPV DNA with Genotype 16 & 18**
- **HPV DNA and ThinPrep**

Executive Health Screening Packages Comparison

S/N	TEST	PREMIUM	EXECUTIVE	DELUXE	ELITE	PLATINUM
		\$275	\$490	\$760	\$920	\$1500
1	Pre-screening Consultation	✓	✓	✓	✓	✓
2	Post-screening Consultation	✓	✓	✓	✓	✓
3	Body measurements (BP, PR, Height, Weight, BMI, Waist Circumference, Hip Circumference, Waist:Hip Ratio, Body Fat Analysis)	✓	✓	✓	✓	✓
	BLOOD TESTS					
4	Haematology (Full Blood Count, PBF)	✓	✓	✓	✓	✓
5	Erythrocyte Sedimentation Rate (ESR)	✓	✓	✓	✓	✓
6	Lipid Profile (Total, LDL, HDL Cholesterol, Triglycerides, Ratio)	✓	✓	✓	✓	✓
7	Diabetic Screen (Glucose, HbA1c)	✓	✓	✓	✓	✓
8	Kidney Function (Urea, Sodium, Potassium, Chloride, Creatinine)	✓	✓	✓	✓	✓
9	Bone & Joint (Calcium, Phosphate, Uric Acid, Rheumatoid Factor)	✓	✓	✓	✓	✓
10	Liver Function (Total Protein, Albumin, Globulin, A/G Ratio, AST, ALT, Gamma GT)	✓	✓	✓	✓	✓
11	Hepatitis A & B (Hep A Ab, Hep BsAg + Ab)	✓	✓	✓	✓	✓
12	Hepatitis C Ab				✓	✓
13	Thyroid Function (Free T4, TSH)	✓	✓	✓	✓	✓
	Tumour Markers:					
14	• AFP	✓	✓	✓	✓	✓
15	• CEA	✓	✓	✓	✓	✓
16	• CA 19.9		✓	✓	✓	✓
17	• PSA (Male)		male	male	male	male
18	• CA 125 (Female)		female	female	female	female
19	STD screen (VDRL & TPHA if VDRL +)	✓	✓	✓	✓	✓
20	Vitamin D			✓	✓	✓
21	Helicobacter Pylori Ab (<i>NEW</i>)				✓	✓
	Hormones:					
22	• Estradiol, Progesterone, FSH, LH (Female)			female		female
23	• Testosterone, SHBG (Male)			male		male
24	URINALYSIS (URINE FEME)	✓	✓	✓	✓	✓
25	STOOL ANALYSIS (OCCULT BLOOD)	✓	✓	✓	✓	✓
	CYTOLOGY					
26	• ThinPrep Pap Smear		female	female	female	female
27	• HPV DNA with Genotype 16 & 18					female
28	• HPV DNA and ThinPrep					female
	DIAGNOSTICS & OTHERS					
29	ECG	✓	✓	✓	✓	✓
30	Chest X-ray		✓	✓	✓	✓
31	Treadmill Stress ECG		male	male	male	✓
32	Ultrasound Pelvis		female	female	female	female
33	Ultrasound Breast				female	female
34	Mammogram					
35	Ultrasound Hepatobiliary System (Gallbladder, Liver, Spleen, Pancreas)				male	
36	Ultrasound Abdomen (Gallbladder, Liver, Spleen, Pancreas, Kidneys, Ureters, Bladder)					✓
37	Ultrasound Prostate					male
38	Audiometry					✓
39	Tonometry					✓
40	Spirometry					✓
41	Sonometry					✓
42	Carotid Intimal Media Thickness CIMT					male
43	Bone Mineral Densitometry (Hip and Spine)					

CUSTOMISE YOUR HEALTH SCREENING

PICK YOUR PREFERRED TEST

TEST	PRICE
CYTOLOGY	
• ThinPrep Pap Smear	\$68
• HPV DNA with Genotype 16 & 18	\$210
• HPV DNA and ThinPrep	\$250
RADIOLOGY & DIAGNOSTICS	
• Chest X-ray	\$38
• Bone Sonometry (Bone density using ultrasound technology)	\$45
• Tonometry (pressure in the eye)	\$45
• Audiometry	\$50
• Spirometry	\$50
• ECG	\$50
• Treadmill Stress ECG	\$200
• Bone Mineral Densitometry (Hip and Spine)	\$110
• Mammogram	\$140
• Ultrasound Breast	\$130
• Ultrasound Pelvis	\$140
• Ultrasound Prostate	\$160
• Ultrasound Hepatobiliary System (Gallbladder, Liver, Spleen, Pancreas)	\$180
• Ultrasound Abdomen (Gallbladder, Liver, Spleen, Pancreas, Kidneys, Ureters, Bladder)	\$220
• Carotid Intimal Media Thickness CIMT	\$220

Bethesda MEDICAL

EXECUTIVE HEALTH SCREENING & RADIOLOGY CENTRES

Suntec

Suntec City, 3 Temasek Boulevard,
#03-330 (Tower 1-2, North Wing),
S038983

Phone: 6337 8933

Full Radiology & Diagnostics Services

Grantral (MacPherson)

Grantral Mall, 601 Macpherson Road
#01-03/04, S368242

Phone: 6904 6678

*Full Radiology, Diagnostics & Dental
Services*

Margaret

Margaret Market,
38 Margaret Drive,
#02-01/02/03, S141038

Phone: 6322 3886

*X-ray, Ultrasound, O&G, Dental, and
Counselling Available*

Toa Payoh

Blk 500, Toa Payoh Lorong 6
#04-33 HDB Hub, S310500

Phone: 6253 5600

*X-ray, Ultrasound & Mammogram
Available*

Chin Cheng Avenue

Medical Centre for
Migrant Domestic Workers
3 Chin Cheng Ave, S429401

Phone: 8816 9933

X-ray Available

Bethesda MEDICAL

GP CLINICS

Yishun

Blk 293 Yishun St 22
#01-223, S760293
Phone: 6428 6081

Jurong

Blk 134 Jurong Gateway Road
#01-303A, S600134
Phone: 6428 6087

Ang Mo Kio

Blk 709 AMK Ave 8,
#01-2583 Lot A, S560709
Phone: 6428 6084

Beach Road

152 Beach Road #03-08
Gateway East, S189721
Phone: 6299 5398

Tampines

Blk 406 Tampines St 41
#01-31, S520406
Phone: 6783 1806

DENTAL CLINICS

Margaret

Margaret Market,
38 Margaret Drive,
#02-01/02/03, S141038
Phone: 6322 3886

*X-ray, Ultrasound, O&G, Dental, and
Counselling Available*

Grantral (MacPherson)

Grantral Mall , 601 Macpherson
Road
#01-03/04, S368242
Phone: 6904 6678

*Full Radiology, Diagnostics &
Dental Services*

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