

Bethesda MEDICAL

#TowardsaHealthierYou



**PREVENTION IS BETTER
THAN CURE**

Prioritise your health with our

Executive Health Screening

Why are health screenings important?

Health screening plays a pivotal role in safeguarding your well-being and promoting a healthier, more fulfilling life. By undergoing regular health screenings, you empower yourself with the knowledge needed to detect potential health issues early on, often before symptoms even manifest.

This early detection allows for timely intervention and management, significantly increasing the chances of successful treatment. Embracing health screening is a powerful step towards taking control of your health, ensuring a healthier, more vibrant future.



Discover the Bethesda Medical difference

At Bethesda Medical, we understand that proactive healthcare is the cornerstone of a vibrant, fulfilling life. Our Centres are conducive for Family Health Screenings with comprehensive radiology and diagnostics equipment for in-depth screenings beyond basic blood test screenings.

With a team of dedicated medical staff, we provide you with the insights and guidance necessary to take charge of your health. Prioritize the gift of good health for you and your family with a comfortable and stress-free experience at Bethesda Medical.

Which health screening packages are suitable for me?

Male Packages

Male	WITH RADIOLOGY/DIAGNOSTICS SERVICES				
	1	2	3	4	5
PACKAGE	PREMIUM	EXECUTIVE (MALE)	DELUXE (MALE)	ELITE (MALE)	PLATINUM (MALE)
AGE/PRICE	\$299.75	\$534.10	\$828.40	\$1002.80	\$1635.00
18-24	✓				
25-39	✓	✓	✓		
40-49	✓		✓	✓	
>50			✓	✓	✓

Female Packages

Female	WITH RADIOLOGY/DIAGNOSTICS SERVICES				
	1	2	3	4	5
PACKAGE	PREMIUM	EXECUTIVE (FEMALE)	DELUXE (FEMALE)	ELITE (FEMALE)	PLATINUM (FEMALE)
Age/Price	\$299.75	\$534.10	\$828.40	\$1002.80	\$1635.00
18-24	✓				
25-39	✓	✓	✓		
40-49	✓		✓	✓	
>50			✓	✓	✓

All prices include GST. as of Dec 2023. Prices subject to change without prior notice



Premium Package - \$299.75 include gst

- **Pre-screening Consultation**
- **Post-screening Consultation**
- **Body measurements** (BP, PR, Height, Weight, BMI, Waist Circumference, Hip Circumference, Waist:Hip Ratio, Body Fat Analysis)
- **Blood Test**
 - Haematology (Full Blood Count, PBF)
 - Erythrocyte Sedimentation Rate (ESR)
 - Lipid Profile (Total, LDL, HDL Cholesterol, Triglycerides, Ratio)
 - Diabetic Screen (Glucose, HbA1c)
 - Kidney Function (Urea, Sodium, Potassium, Chloride, Creatinine)
 - Bone & Joint (Calcium, Phosphate, Uric Acid, Rheumatoid Factor) (Uric Acid)
 - Liver Function (Total Protein, Albumin, Globulin, A/G Ratio, AST, ALT, Gamma GT)
 - Hepatitis A & B (Hep A Ab, Hep BsAg + Ab)
 - Thyroid Function (Free T4, TSH)
- **Tumour Markers**
 - AFP
 - CEA
- **STD Screen (VDRL & TPHA if VDRL +)**
- **Urinalysis (Urine feme)**
- **Stool Analysis (Occult Blood)**
- **Diagnostics and others**
 - ECG



Executive Package (Female/Male) - \$534.10 include gst

- **Pre-screening Consultation**
- **Post-screening Consultation**
- **Body Measurements** (BP, PR, Height, Weight, BMI, Waist Circumference, Hip Circumference, Waist:Hip Ratio, Body Fat Analysis)
- **Blood Test**
 - Haematology (Full Blood Count, PBF)
 - Erythrocyte Sedimentation Rate (ESR)
 - Lipid Profile (Total, LDL, HDL Cholesterol, Triglycerides, Ratio)
 - Diabetic Screen (Glucose, HbA1c)
 - Kidney Function (Urea, Sodium, Potassium, Chloride, Creatinine)
 - Bone & Joint (Calcium, Phosphate, Uric Acid, Rheumatoid Factor) (Uric Acid)
 - Liver Function (Total Protein, Albumin, Globulin, A/G Ratio, AST, ALT, Gamma GT)
 - Hepatitis A & B (Hep A Ab, Hep BsAg + Ab)
 - Thyroid Function (Free T4, TSH)
- **Tumour Markers**
 - AFP
 - CEA
 - CA 19.9
- **STD Screen (VDRL & TPHA if VDRL +)**
- **Urinalysis (Urine feme)**
- **Stool Analysis (Occult Blood)**
- **Diagnostics and others**
 - ECG
 - Chest X-ray
- **Optional Add-ons**
 - Neurowyzzr Digital Brain Function Screen (Screen for Cognitive Decline) - **\$54.5 include gst**

Male Package includes

- **Tumour Markers:** PSA
- **Ultrasound Abdomen**

Female Package includes

- **Tumour Markers:** CA 125
- **ThinPrep Pap Smear**
- **Ultrasound Pelvis**



Deluxe Package (Female/Male) - \$828.40 include gst

- **Pre-screening Consultation**
- **Post-screening Consultation**
- **Body Measurements** (BP, PR, Height, Weight, BMI, Waist Circumference, Hip Circumference, Waist:Hip Ratio, Body Fat Analysis)
- **Blood Test**
 - Haematology (Full Blood Count, PBF)
 - Erythrocyte Sedimentation Rate (ESR)
 - Lipid Profile (Total, LDL, HDL Cholesterol, Triglycerides, Ratio)
 - Diabetic Screen (Glucose, HbA1c)
 - Kidney Function (Urea, Sodium, Potassium, Chloride, Creatinine)
 - Bone & Joint (Calcium, Phosphate, Uric Acid, Rheumatoid Factor) (Uric Acid)
 - Liver Function (Total Protein, Albumin, Globulin, A/G Ratio, AST, ALT, Gamma GT)
 - Hepatitis A & B (Hep A Ab, Hep BsAg + Ab)
 - Thyroid Function (Free T4, TSH)
- **Tumour Markers**
 - AFP
 - CEA
 - CA 19.9
- **Hormones**
 - Follicular Stimulating Hormone, Luteinising Hormone
- **STD Screen (VDRL & TPHA if VDRL +)**
- **Vitamin D**
- **Urinalysis (Urine feme)**
- **Stool Analysis (Occult Blood)**
- **Diagnostics and others**
 - ECG
 - Chest X-ray
 - Tonometry
- **Optional Add-on**
 - Neurowyzzr Digital Brain Function Screen (Screen for Cognitive Decline) -**\$54.5 include gst**

Male Package includes

- **Tumour Markers:** PSA
- **Ultrasound** Abdomen
- **Hormones:** Testosterone, SHBG

Female Package includes

- **Tumour Markers:** CA 125
- **ThinPrep Pap Smear**
- **Ultrasound Pelvis**
- **Hormones:** Estradiol, Progesterone, FSH, LH



Elite Package (Female/Male) - \$1002.80 include gst

- **Pre-screening Consultation**
- **Post-screening Consultation**
- **Body Measurements** (BP, PR, Height, Weight, BMI, Waist Circumference, Hip Circumference, Waist:Hip Ratio, Body Fat Analysis)
- **Blood Test**
 - Haematology (Full Blood Count, PBF)
 - Erythrocyte Sedimentation Rate (ESR)
 - Lipid Profile (Total, LDL, HDL Cholesterol, Triglycerides, Ratio)
 - Diabetic Screen (Glucose, HbA1c)
 - Kidney Function (Urea, Sodium, Potassium, Chloride, Creatinine)
 - Bone & Joint (Calcium, Phosphate, Uric Acid, Rheumatoid Factor) (Uric Acid)
 - Liver Function (Total Protein, Albumin, Globulin, A/G Ratio, AST, ALT, Gamma GT)
 - Hepatitis A & B (Hep A Ab, Hep BsAg + Ab)
 - Hepatitis C Ab
 - Thyroid Function (Free T4, TSH)
- **Tumour Markers**
 - AFP
 - CEA
 - CA 19.9
- **STDScreen (VDRL& TPHAifVDRL+)**
- **Vitamin D**
- **Helicobacter Pylori Ab**
- **Urinalysis (Urine feme)**
- **Stool Analysis (Occult Blood)**
- **Diagnostics and others**
 - ECG
 - Chest X-ray
 - Carotid Intimal Media Thickness Scan CIMT (Marker of subclinical atherosclerosis)
 - Tonometry
- **Optional Add-on**
 - Neurowyzzr Digital Brain Function Screen (Screen for Cognitive Decline)
- \$54.5 include gst

Male Package includes

- **Tumour Markers:** PSA
- **Ultrasound Abdomen**

Female Package includes

- **Tumour Markers:** CA 125
- **ThinPrep Pap Smear**
- **Ultrasound Pelvis**
- **Ultrasound Breast OR Mammogram**



Platinum Package (Female/Male) - \$1635 include gst

- **Pre-screening Consultation**
- **Post-screening Consultation**
- **Body Measurements** (BP, PR, Height, Weight, BMI, Waist Circumference, Hip Circumference, Waist:Hip Ratio, Body Fat Analysis)
- **Blood Test**
 - Haematology (Full Blood Count, PBF)
 - Erythrocyte Sedimentation Rate (ESR)
 - Lipid Profile (Total, LDL, HDL Cholesterol, Triglycerides, Ratio)
 - Diabetic Screen (Glucose, HbA1c)
 - Kidney Function (Urea, Sodium, Potassium, Chloride, Creatinine)
 - Bone & Joint (Calcium, Phosphate, Uric Acid, Rheumatoid Factor) (Uric Acid)
 - Liver Function (Total Protein, Albumin, Globulin, A/G Ratio, AST, ALT, Gamma GT)
 - Hepatitis A & B (Hep A Ab, Hep BsAg + Ab)
 - Hepatitis C Ab
 - Thyroid Function (Free T4, TSH)
- **Tumour Markers**
 - AFP
 - CEA
 - CA 19.9
- **Hormones**
 - Follicular Stimulating Hormone, Luteinising Hormone
- **STD Screen (VDRL & TPHA if VDRL +)**
- **Vitamin D**
- **Helicobacter PyloriAb**
- **Urinalysis (Urine feme)**
- **Stool Analysis (Occult Blood)**
- **Diagnostics and others**
 - ECG
 - Carotid Intimal Media Thickness Scan CIMT (Marker of subclinical atherosclerosis)
 - Chest X-ray
 - Ultrasound Abdomen
 - Audiometry
 - Tonometry
 - Spirometry
- **Bone**
 - Bone Density Sonometry (*Suntec)
 -
- **Brain Health**
 - Neurowyzz Digital Brain Function Screen (Screen for Cognitive Decline)
- **Optional Add-ons**
 - High Resolution CT Lung (Lung Cancer Screening) - **\$545 include gst**
 - Imupro Screen+ (44 Food Intolerance Test) - **\$327 include gst**

Male Package includes

- **Tumour Markers:** PSA
- **Hormones:** Testosterone, SHBG (Male)
- **Treadmill Stress ECG** (Cardiovascular diagnostic stress test)
- **Ultrasound Prostate**

Female Package includes

- **Tumour Markers:** CA 125
- **ThinPrep Pap Smear**
- **Ultrasound Breasts OR Mammogram**
- **Ultrasound Pelvis**
- **Hormones:** Estradiol, Progesterone, FSH, LH
- **HPV DNA Detection with Genotype 16 & 18**



Platinum Plus Package (Female/Male) - \$2180 include gst

- **Pre-screening Consultation**
- **Post-screening Consultation**
- **Body Measurements** (BP, PR, Height, Weight, BMI, Waist Circumference, Hip Circumference, Waist:Hip Ratio, Body Fat Analysis)
- **Blood Test**
 - Haematology (Full Blood Count, PBF)
 - Erythrocyte Sedimentation Rate (ESR)
 - Lipid Profile (Total, LDL, HDL Cholesterol, Triglycerides, Ratio)
 - Diabetic Screen (Glucose, HbA1c)
 - Kidney Function (Urea, Sodium, Potassium, Chloride, Creatinine)
 - Bone & Joint (Calcium, Phosphate, Uric Acid, Rheumatoid Factor) (Uric Acid)
 - Liver Function (Total Protein, Albumin, Globulin, A/G Ratio, AST, ALT, Gamma GT)
 - Hepatitis A & B (Hep A Ab, Hep BsAg + Ab)
 - Hepatitis C Ab
 - Thyroid Function (Free T4, TSH)
- **Tumour Markers**
 - AFP
 - CEA
 - CA 19.9
- **Hormones**
 - Follicular Stimulating Hormone, Luteinising Hormone
- **STD Screen (VDRL & TPHA if VDRL +)**
- **Vitamin D**
- **Helicobacter PyloriAb**
- **Urinalysis (Urine feme)**
- **Stool Analysis (Occult Blood)**
- **Diagnostics and others**
 - ECG
 - CT Calcium Score (Risk of Heart Disease)
 - Chest X-ray
 - Ultrasound Abdomen
 - Audiometry
 - Tonometry
 - Spirometry
- **Bone**
 - Bone Density Sonometry (*Suntec) **OR**
 - Dexa Bone Density Scan (*Macpherson)
- **Brain Health**
 - Neurowyze Digital Brain Function Screen (Screen for Cognitive Decline)
- **Allergy**
 - Imupro Screen+ (44 Food Intolerance Test)
- **Optional Add-ons**
 - High Resolution CT Lung (Lung Cancer Screening) -**\$545 exclude gst**

Male Package includes

- **Tumour Markers:** PSA
- **Hormones:** Testosterone, SHBG (Male)
- **Ultrasound Prostate**
- **Carotid Intimal Media Thickness CIMT**

Female Package includes

- **Tumour Markers:** CA 125
- **Ultrasound Breasts OR Mammogram**
- **Ultrasound Pelvis**
- **Hormones:** Estradiol, Progesterone, FSH, LH

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**SKIP THE QUEUE, BOOK YOUR
APPOINTMENT TODAY**



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www.bethesdamedical.com.sg

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INFORMATION**