Bethesda MEDICAL

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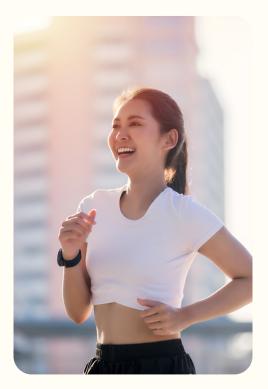


SPECIALISED HEALTH SCREENING TAILORED TO YOUR NEEDS

Take care of your body, it's the only place you have to live

Are you thinking of...

- increasing the intensity of your exercise regime or starting a new workout
- running a marathon but worried if your heart and lungs can take it?
- if you are drinking too much?
- are you eating too much during the festivities?
- what is your general health score?



Discover the Bethesda Medical difference

At Bethesda Medical, we understand that proactive healthcare is the cornerstone of a vibrant, fulfilling life. Our comprehensive range of Specialised Health Screening packages are designed to empower you on your journey towards total well-being.

From nutrition screening, sports screening to weight management, our offerings cater to diverse lifestyles and individual needs. Our Centres are conducive for Family Health Screenings with comprehensive radiology and diagnostics equipment for in-depth screenings beyond basic blood test screenings.

With a team of dedicated medical staff, we provide you with the insights and guidance necessary to take charge of your health. Prioritize the gift of good health for you and your family with a comfortable and stress-free experience at Bethesda Medical.

Specialised Health Screening Packages



Metabolism & Nutrition Screening - \$168

Doctor's Consultation
Medical Examination
Clinical Measurement
Body Fat Analysis & Waist Measurement

Blood & Nutrition

- Full Blood Count
- Nutrition Screen Vit B12, Folic Acid, Ferritin

Metabolic

- Lipids/Cholesterol Profile
- Glucose, HBA1C
- Uric Acid

Thyroid

· Free T4, TSH

Liver

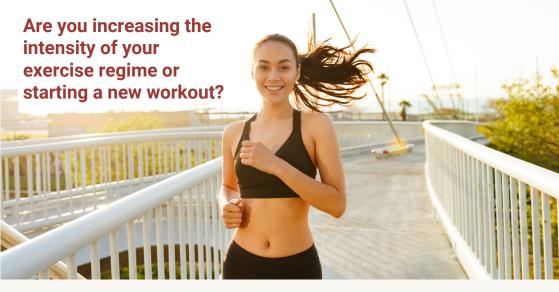
Protein, Bilirubin, Albumin, Globulin, AG Ratio, ALT, AST, SAP, GGT

Renal

- Sodium, Potassium, Chloride, Urea, Creatinine
- Urine Analysis FEME

Optional add-on:

- Ultrasound Liver \$117
- Dexa Body Composition Scan \$117



Sports & Fitness Health - \$338

Doctor's Consultation Medical Examination Clinical Measurement Body Fat Analysis

Blood & Metabolic

- Full Blood Count
- Lipids/Cholesterol Profile
- Glucose / HBA1C
- Uric Acid

Thyroid Function

· Free T4, TSH

Liver Function

 Protein, Bilirubin, Albumin, Globulin, A/G ratio, ALT, AST, SAP, GGT

Renal Function

- Sodium, Potassium, Chloride, Urea, Creatinine
- Urine Analysis FEME
- Urine micro albumin / creatinine ratio

Heart

• 12 Lead FCG

Lung Function

- Spirometry
- Chest Xray

Optional add-on:

Cardiac Inflammation Profile - \$98

- CRP (Inflammatory marker)
- CK, CKMB (Heart muscle)
- Troponin I (cardiac muscle injury)

Treadmill Stress Test - \$180



Premarital, Preconception Health (Male) - \$388

Doctor's Consultation Medical Examination Clinical Measurement

Blood & Nutrition

- Full Blood Count
- Vitamin B12, Folic Acid, Ferritin
- HB Electrophoresis (Thalassaemia Screen)

Metabolic

- Lipids/Cholesterol Profile
- Glucose
- Uric acid

Renal

• Urea, Creatinine

Liver

 Protein, Bilirubin, Albumin, Globulin, A/G ratio, ALT, AST, SAP, GGT

Hormone

- Testosterone
- Follicle Stimulating Hormone (FSH), Luteinising Hormone (LH)
- Prolactin
- Free T4

Ultrasound - Choice of one:

- Ultrasound Testis
- Ultrasound Liver

Optional add-on:

Infection Screen (ST03) - \$150

- Chlamydia & Gnorrhoea PCR
- HIV Aq/Ab Screen
- Herpes Simplex Virus Type I, II IgG
- VD, RPR, TPPA (if syphilis reactive)

Seminal Analysis - \$72



Premarital or Preconception Health (Female) - \$488

Doctor's Consultation Medical Examination Clinical Measurement

Blood & Nutrition

- Full Blood Count
- Vitamin B12, Folic Acid, Ferritin
- HB Electrophoresis (Thalassaemia Screen)

Metabolic

- Lipids/Cholesterol Profile
- Glucose
- Uric Acid

Renal

• Urea, Creatinine

Liver

 Protein, Bilirubin, Albumin, Globulin, A/G ratio, ALT, AST, SAP, GGT

Hormone

- Testosterone
- Estradiol E2, Progesterone
- Free T4, Free T3, TSH
- Follicle Stimulating Hormone (FSH), Luteinising Hormone (LH)
- Prolactin
- Anti-Mullerian Hormone

Ultrasound

Ultrasound Pelvis

Optional add-on:

Infection Screen (ANT13) - \$180

- Hepatitis B, Ag, Ab
- Rubella IgG
- Toxoplasma IgG
- Herpes Type 1, 2 lgG
- VD, RPR, TPPA (if syphilis reactive)
- CMV lgG
- Varicella Zoster IgG



Liver Health 1 (Drinkers' Package 1) - \$238

Liver Health 2 (Drinkers' Package 2) - \$438

Doctor's Consultation Medical Examination Clinical Measurement Body Fat Analysis

Liver

- Liver Function Test (Protein, Bilirubin, Albumin, Globulin, A/G ratio, ALT, AST,
- SAP, GGT)
- Hepatitis A & B Screen

Tumour marker

Alpha Feto Protein

Ultrasound

Ultrasound Hepatobiliary System

Doctor's Consultation Medical Examination Clinical Measurement Body Fat Analysis

Blood & Nutrition

- Full Blood Count
- Nutrition Screen (Vitamin B12, Folic Acid, Iron, TIBC, Transferrin, %Saturation)
- Uric Acid

Liver

- Liver Function Test (Protein, Bilirubin, Albumin, Globulin, A/G ratio, ALT, AST, SAP, GGT)
- Hepatitis A & B Screen

Tumour Marker

Alpha Feto Protein

Gastric Risk Screen

- Helicobacter Pylori Antibody
- GastroClear

Ultrasound

• Ultrasound Hepatobiliary System

Optional add-on: Urea Breath Test - \$198



Liver, Gastro & Lung Health - \$538 (Recommended for Drinkers & Smokers)

Doctor's Consultation Medical Examination Clinical Measurement Body Fat Analysis

Blood and Nutrition

- Full Blood Count
- Nutrition Screen (Vitamin B12, Folic Acid, Iron, TIBC, Transferrin, % Saturation)

Liver

- Liver Function Test
- Hepatitis A & B Screen

Tumour Marker

- Alpha Feto Protein
- CEA

Gastric Risk Screen

- Helicobacter Pylori Antibody
- GastroClear

Lung Function Test

- Spirometry
- Chest X-Ray

Ultrasound

 Ultrasound Hepatobiliary System

Optional add-on:

Dexa Composition Scan - \$117 Urea Breath Test - \$198

CUSTOMISE YOUR HEALTH SCREENING WITH THESE OPTIONAL ADD ONS

TEST	PRICE
CYTOLOGY & OTHERS	
ThinPrep Pap Smear	\$79.20
HPV DNA	\$216
HPV DNA and ThinPrep	\$252
Seminal Analysis	\$72
Urea Breath Test	\$198
RADIOLOGY & DIAGNOSTICS	
Chest X-ray	\$18
Bone Sonometry (Bone density using ultrasound technology)	\$99
Tonometry (pressure in the eye)	\$45
Audiometry	\$40.50
Spirometry	\$45
• ECG	\$45
Treadmill Stress ECG	\$180
Bone Mineral Densitometry (Hip and Spine)	\$99
Dexa Body Composition Scan	\$117
Mammogram	\$126
Ultrasound Breast	\$117
Ultrasound Liver	\$117
Ultrasound Pelvis	\$126
Ultrasound Prostate	\$144
Ultrasound Hepatobiliary System (Gallbladder, Liver, Spleen, Pancreas)	\$162
Ultrasound Abdomen (Gallbladder, Liver, Spleen, Pancreas, Kidneys, Ureters, Bladder)	\$198
Carotid Intimal Media Thickness CIMT	\$198

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Towardsaffeatthier Jon

SKIP THE QUEUE, BOOK YOUR APPOINTMENT TODAY



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- www.bethesdamedical.com.sg

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